

CALLERLAB BASIC TEACHING CHECK LIST

Club

Instructor

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS	
BASIC PROGRAM - PART 1																						
1. Circle Left / Right																						
2. Forward and Back																						
3. Dosado / Dosado to a Wave																						
4. Swing																						
5. Promenade																						
a. Couples (Full, 1/2 , 1/4)																						
b. Single File Promenade																						
c. Wrong Way Promenade																						
d. Star Promenade																						
6. Allemande Left																						
7. Arm Turns																						
8. Right and Left Grand Family																						
a. Right and Left Grand																						
b. Weave the Ring																						
c. Wrong Way Grand																						
9. Left / Right Hand Star																						
10. Pass Thru																						
11. Half Sashay Family																						
a. Half Sashay																						
b. Rollaway																						
c. Ladies In, Men Sashay																						
12. Turn Back Family																						
a. U-Turn Back																						
b. Backtrack																						
13. Separate																						
a. Around 1 or 2 to a Line																						
b. Around 1 or 2 and Come Into the Middle																						
14. Split Two																						

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15. <i>Courtesy Turn</i>																						
16. Ladies Chain Family																						
a. Two Ladies Chain (Reg., 3/4)																						
b. Four Ladies Chain (Reg., 3/4)																						
c. <i>Chain Down the Line</i>																						
17. <i>Do Paso</i>																						
18. <i>Lead Right / Lead Left</i>																						
19. <i>Veer Left / Veer Right</i>																						
*16 c. <i>Chain Down the Line</i>																						
20. <i>Bend the Line</i>																						
21. Circulate Family																						
a. (Named Dancers) <i>Circulate</i>																						
b. <i>Couples Circulate</i>																						
c. <i>All Eight Circulate</i>																						
d. <i>Single File Circulate</i>																						
e. <i>Split / Box Circulate</i>																						
22. <i>Right and Left Thru</i>																						
23. <i>Grand Square</i>																						
24. <i>Star Thru</i>																						
25. <i>Double Pass Thru</i>																						
26. <i>First Couple Go Left / Right</i>																						
<i>Next Couple Go Left / Right</i>																						
27. <i>California Twirl</i>																						
28. <i>Walk Around the Corner</i>																						
29. <i>See Saw</i>																						
30. <i>Square Thru</i>																						
31. <i>Circle to a Line</i>																						
32. <i>Dive Thru</i>																						

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BASIC PROGRAM - PART 2																						
33. Wheel Around / Reverse Wheel Around																						
34. Box the Gnat																						
*8 c. Wrong Way Grand																						
35. Trade Family																						
a. (Named Dancers) Trade																						
b. Couples Trade																						
c. Partner Trade																						
36. Ocean Wave Family																						
a. Step to a Wave																						
b. Balance																						
*21 c. All Eight Circulate																						
37. Alamo Ring Formation																						
38. Swing Thru / Left Swing Thru																						
39. Run / Cross Run																						
40. Pass the Ocean																						
41. Extend																						
42. Wheel and Deal																						
43. Zoom																						
44. Flutterwheel/ Reverse Flutterwheel																						
45. Sweep a Quarter																						
46. Trade By																						
47. Touch 1/4																						
*21 d. Single File Circulate																						
*21 e. Split/ Box Circulate																						
48. Ferris Wheel																						

LESSON CALLS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS
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REMARKS SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.

Put an X in the box corresponding to the movement and the night it was next called and work shopper

Put a / in the boxes when the movement is danced without difficulty and thereafter to keep track of calling the movement

NOTE: Calls in italic may be deferred until later in the teaching order.

*Suggested Teaching Order

CALLERLAB recommends that the BASIC & MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in italics may be deferred until later in the teaching sequence.